DAY 14 Scripture:

Romans 12:17-21, Ephesians 4:32, Philippians 2:3-4

Theme: UNFORGIVENESS & SELFISHNESS Spiritual Exercise: Ask God to help you to identify areas of selfishness and unforgiveness towards anyone. Make a List. And ask God to give you the grace to forgive others and to remove the selfishness in your life.

Theme: BF VIGII ANT Spiritual Exercise:

Scripture: 1 PETER 5:8-9

Throughout your day, when opportunities for doubt and fear come, take a moment to recognize it for what it is and counter it with the spiritual truths you've built up throughout this fast - you might be surprised at how often doubt tries to creep in, but you won't be caught off guard.

DAY FAST

Scripture: ROMANS 12:1-2, DANIEL 3:12-18 **DAY 15**

Theme: RENOVATION Spiritual Exercise:

Imagine your heart as a space or a home. Allow the Lord to remove the old structures of fear, anger, and disappointment as He renovates your mind. Let Him refurnish your mind with the new furniture of the Fruit of the Spirit.

Scripture: JAMES 1:5-8

Theme: WISDOM AND DISCERNMENT

Spiritual Exercise:

Help me recognize the many ways unbelief might try to find its way into my mind, my heart, and my spirit, and to trust you with greater faith than before.

Scripture: 1 SAMUEL30, 1 PETER 4:12-13

Theme: BATTLING DISCOURAGEMENT

Spiritual Exercise:

Meditate on this 1 Peter scripture and ask for God to rejuvenate you. If you are currently in a good season, find some scriptures you can hold onto when waves of discouragement come.

Scripture: PROVERBS 3:5-6

Theme: RENOUNCING SELF-SUFFICIENCY

Spiritual Exercise:

DAY 16

DAY 17

Take time to sit with the Lord today. in what ways have you chosen self-sufficiency over depending on Christ? Pray and Recommit your heart to complete dependence on Him.

Scripture: NEHEMIAH 4:4-6

Theme: A SHIFT OF PERSPECTIVE

Spiritual Exercise:

Identify the situations in your life that feel too great to be overcome. Find scriptures that give you a Heavenly perspective in the face of that which seems impossible, and meditate on them.

Scripture: ROMANS 8:31-34

Theme: REFLECTION AND CELEBRATION

Spiritual Exercise:

What are some truths you've learned in these 21-days that you want to take with you write them down, place them where you can see them daily, and watch as unbelief shrinks while faith increases!

DAY 18

DAY 19

DAY 20

DAY 21

FAMILY REVIVAL

To him be glory in the Church and in Christ Jesus throughout all generations, for ever and ever! Amen. Ephesians 3:14-21

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FAMILY REVIVAL

What are we believing for? **FAMILY DESTINIES DISCOVERED CULTURE OF HONOR** RESTITUTION AND RESTORATION CHURCH WOULD LIVE AS FAMILY LOVE GOD LOVE PEOPLE SERVE PEOPLE



Scripture: MATT 6:16-18, MATT 17:14-21

Theme: WHY WE FAST Spiritual Exercise:

what are you believing/contending for these 21 days? Jumpstart your faith by writing them down. Take time to ask the Holy Spirit to illuminate spaces of unbelief in your heart and mind. Invite faith in.

Scripture: MARK 9:23 Theme: CHOOSING TO BELIEVE

Spiritual Exercise:

Are there specific lies you have believed? Renounce those lies and write down Scriptures that counter those lies.

Scripture: MARK 4:18-19

DAY 3 Theme: CULTIVATING BELIEF

Spiritual Exercise: Take time to sit with the Holy Spirit, and identify what types of seeds have been planted in your soul when you notice seeds that aren't "Kingdom", take time with God to uproot and remove them. Renounce those seeds. Meditate on the seeds that God desires for you to grow. Refer to the Fruit of the Spirit (Galatians 5:22-23). For examples of Kingdom Fruit.

Scripture: JOSHUA 1:8-9, ROMANS 12:1-2 DAY 4

Theme: MEDITATING ON THE WORD

Spiritual Exercise:

Refer to the scriptures you wrote down on day two. (If you are just joining us, refer to the Scripture focus for today.) Use those as opportunities to practice meditating on the Word. Check-in throughout the day on the impact this has on your faith, your outlook, and your mind.

DAY FAST **FAMILY REVIVAL** Scripture: MATTHEW 17:20, HEBREWS 11:6 DAY 5

Theme: THE POWER OF FAITH

Spiritual Exercise:

DAY1

DAY 2

Take some time to find Scriptural declarations that are specific to who you are and what you carry as a Son/Daughter of God. Write them down and place them somewhere you will see them throughout the day. Meditate on these truths.

Scripture: JOSHUA 1: 6-9

Theme: VICTORS MINDSFT

DAY 6

DAY 7

Spiritual Exercise:

Using yesterday's declarations, find time three times today to declare your identity, out loud. The more you do this daily, the more your mind and spirit will shift and accept this as truth.

Scripture: MARK 6: 4-6

Theme: THE IMPACT OF UNBELIEF

Spiritual Exercise:

Take time to identify ways in which unbelief has affected your life and your spiritual walk. Ask God to help you uproot it, and make room for the miraculous.

Scripture: **JOHN 16:23-24, MARK 10: 46-52**

Theme: THE CRY OF FAITH

Spiritual Exercise:

Review the things you wrote down on day one of this fast - the things you need, things you are expecting, etc. Let a cry rise up for those things. ask the Father for them, in Jesus name.

Scripture:

DAY 9

DAY 8

REVELATION 12:11, MATTHEW 12:37

Theme: THE POWER OF OUR WORDS

Spiritual Exercise:

Take some time to self-examine. Are your words full of life? Are you overcoming by the word of your testimony? Ask the Holy Spirit to show you how your words can bring about a positive Spiritual impact.

Scripture: LUKE 7:37-39, 44-47

Theme: FXTRAVAGANT WORSHIP

Spiritual Exercise:

Set aside 20-30 minutes today to simply worship. Not sure where to begin? A great starting point: take a Psalm that resonates with you and sing it out loud unto God. Journal your worship to Him. Take a walk and marvel at His beautiful world. Put on worship music while you drive, or clean, worship is simple: raising your awareness to His Presence.

Scripture: PSALM 54:4, ISAIAH 61:1-3

DAY 11

DAY 10

Theme: HEALING YOUR BROKEN-HEARTEDNESS

Spiritual Exercise:

Are there areas in your life where you feel "crushed in spirit? have you felt disappointment and brokenheartedness? allow the Comforter to come and be with you as you navigate your pain. Cry out to Him -He will answer.

Scripture: 2 KINGS 7:1-2

DAY 12

Theme: THE FAMINE OF UNBELIEF IS OVER

Spiritual Exercise:

Today, declare that the famine of unbelief in your life is over. Even if you still sense spaces and ways in which unbelief still exists, this declaration of faith is imperative to moving into a space of security and belief in God.

Scripture: 1 CORINTHIANS 2:14-16

DAY 13

Theme: DON'T SETTLE

Spiritual Exercise:

Faith requires that we put our trust in God. Is there any place in your heart where you have stopped trusting Him? Ask Him to invade those spaces, to fill you completely.

